Reflective Practice

Facilitators: Dr. Constance Harris & Dr. Laura Lukes
What was one success you had teaching this semester?
• WE CARE ABOUT REFLECTION IN OUR PRACTICE? WHY?

YOUR THOUGHTS....
• Reflection is a form of mental processing that we use to fulfill a purpose or to achieve some anticipated outcome. (Moon, 2005)
  • What did you think of the article or podcast?
  • What are some key ideas you thought important?

• So…
  • Does anyone already use reflective practice? If so, what are you doing?

What is Reflection?
Reflection

- Deliberate
- Purposeful
- Structured
- Links Theory to Practice
- Encompasses Learning
- About Change and Development
Examining Your Practice:
Sharing Your Story

Challenges
Possible Solutions
Providing Feedback to Colleague
Examining Your Practice: Group Themes
New Insights....
• Identify one activity that you want to change on the notecard
• Address notecard to yourself via interoffice mail
• Facilitators will collect envelopes and mail in early August
• Dr. Constance Harris
  • Email: charri38@gmu.edu
  • Phone: 3-5950

• Dr. Laura Lukes
  • Email: llukes@gmu.edu
  • Phone: 3-5743

CONTACT INFORMATION
If we want to learn from experience, then we must reflect on it.

(Peters & Weisberg, 2011)